



مركز الاعتماد
و ضمان الجودة
ACCREDITATION & QUALITY ASSURANCE CENTER



The University of Jordan

Accreditation & Quality Assurance Center

Course Syllabus

Course Name:
**Foundations of Professional Nursing
(Clinical)**

Course Number:

5701106

SCHOOL OF NURSING**COURSE SYLLABUS****DEPARTMENT:** Clinical Nursing Department**[SEMESTER ACADEMIC YEAR]****SECOND SEMESTER 2018/2019****THE MISSION OF THE UNIVERSITY OF JORDAN**

Providing students with fulfilling learning experiences, conducting knowledge-producing research, and building firm societal ties, within an environment conducive to creativity, innovation, and entrepreneurship; making efficient use of resources and forging fruitful partnerships.

THE VISION OF THE SCHOOL OF NURSING

Reaching to a leading and internationally competitive school in the field of nursing sciences education, scientific research, and community service.

THE MISSION OF THE SCHOOL OF NURSING

The School of Nursing dedicates itself to improve the quality of healthcare through graduating nurses with professional competencies who are able to provide nursing care, conduct scientific research, and provide community service with high professionalism, through proper planning of the educational environment, encouraging leadership and creativity, and developing the potential capabilities of students.

SCHOOL OF NURSING'S CORE VALUES

Our values are derived from the Islamic Arabic heritage and the nursing profession which include: *integrity, equality, and justice; transparency and accountability; innovation and excellence; leadership and teamwork; discipline; response; and most importantly caring.*

1	Course title	Foundations of Professional Nursing - (<i>Clinical</i>)
2	Course number	5701106
3	Credit hours (theory, practical)	(0,3)
	Contact hours (theory, practical)	(0,12) hours /week
	Class room	School of nursing Skills Labs
4.	Prerequisites/co-requisites	Concurrent with (5701105)
5.	Program title	Nursing
6.	Program code	07
7.	Awarding institution	The University of Jordan
8.	School	School of nursing
9.	Department	Clinical Nursing Department
10.	Level of course	First year
11.	Year of study and semester(s)	2020/2021; 2 nd semester
12.	Final Qualification	B.Sc. in Nursing
13.	Other department(s) involved in teaching the course	none
14.	Language of Instruction	English
15.	Teaching methodology	<input checked="" type="checkbox"/> Blended <input type="checkbox"/> Online
16.	Electronic platform(s)	<input checked="" type="checkbox"/> Moodle <input type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom
		<input checked="" type="checkbox"/> Others hand on practicum in nursing labs.....
17	Date of production/revision	4 Feb 2020/ 14 Feb 2021

16. Course Coordinator:

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17. Other instructors:

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Course Description:

This clinical course is designed to provide the student with laboratory guided experiences with emphasis on the student's independent learning that will assist her/him to master the basic nursing skills. These skills are presented according to the functional health patterns in parallel with knowledge provided to the students in the theory course, in order to prepare the students to implement holistic care modalities in the clinical settings.

Course aims and outcomes:

A- Aims: Prepare the students to implement holistic care modalities in the clinical settings.

B- Intended Learning Outcomes (ILOs): Upon successful completion of this course, students will be able to...

Intended Learning Outcomes (ILO)	
ILO 1: Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	
Specific Course Objectives	1- Identify nursing care required for clients in selected simulated situations 2- Organize equipment correctly and adequately before, during and after the utilizing universal precaution 3- Demonstrate correct positioning considering comfort before, during and a provision of care. 4- Apply; make use of preventive measures throughout the provision of care spread of infection. 5- Apply the care correctly and safely. 6- Apply nursing care in simulated situations. 7- Organize equipment correctly and adequately before approaching the client 8- Organize the client's environment effectively before providing care. 9- Build effective communication skills in interpersonal relationship. 10- Develop professional behaviours in simulated situations.
Relevant Competency (JNC)	Client-centered care and safety, Safety, Ethical and accountable practice and safety, Client-centered care and Quality improvement, Professional communication, collaboration and consultation.
Evaluation Methods	O = Observation (in clinical setting) RD : Return Demonstration T : Written Test V : Verbal Review
ILO 2: Apply principles of effective communication with peers, individuals, families, groups, and health care team.	
Specific Course Objectives	Build effective communication skills in interpersonal relationship.
Relevant Competency (JNC)	Professional communication, collaboration and consultation
Evaluation Methods	Observation (in clinical setting)
ILO 3: Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.	
Specific Course Objectives	Discuss the essential concepts relevant to selected nursing procedure.
Relevant Competency (JNC)	Ethical and accountable practice and safety
Evaluation Methods	Observation (in clinical setting) and Written Test
ILO 4: Apply professional standards, values, and behaviours in providing nursing care for individuals, families, and groups.	
Specific Course Objectives	Develop professional behavior in simulated situations.
Relevant Competency (JNC)	Professional communication, collaboration and consultation

Evaluation Methods	Observation (in clinical setting)
ILO 5: Demonstrate safety measures to protect self, individuals, families, and groups.	
Specific Course Objectives	1- Explain major principles relevant to safety precautions. 2- Demonstrate correct positioning considering comfort before, during and after the provision of care. 3- Apply; make use of preventive measures throughout the provision of care to limit spread of infection.
	4- Organize equipment correctly and adequately before, during and after the care utilizing universal precaution 5- Apply the care correctly and safely.
Relevant Competency (JNC)	Safety, Ethical and accountable practice and safety ,Client-centered care and safety
Evaluation Methods	O = Observation (in clinical setting) RD: Return Demonstration T: Written Test V: Verbal Review
ILO 6: Translate organizational, leadership, interprofessional collaboration, and management concepts into nursing care for individuals, families, and groups.	
Specific Course Objectives	N/A
Relevant Competency (JNC)	N/A
Evaluation Methods	N/A
ILO 7: Utilize evidence based practice in providing care for individuals, families, and groups.	
Specific Course Objectives	1- Implement evidenced-based practice 2- Explain major principles relevant to safety precautions.
Relevant Competency (JNC)	Evidenced-based practice
Evaluation Methods	O = Observation (in clinical setting) RD: Return Demonstration T: Written Test

18. Topic Outline and Schedule:

class 1: Monday & Tuesday from 8:00-14:00 class 2: Monday & Tuesday from 8:00-14:00					
Day and date	Week no.	Topic	Achieved ILOs	Evaluation Methods *	Reference & pages Taylor's textbook**/ Checklist***
1&2 FEB/M AR 2021	1 2	Orientation Basic Medical Asepsis: • Hand washing (medical asepsis) 688-690 • Donning and removing clean gloves 695-697 • Standard precautions (Donning clean disposable gloves, gown, mask, & eyewear) Open lab and training on SUN & WED	All	O RD T	p.127 [Checklist p. 43] p.144 [Checklist p.52] Assigned Videos (section 24)
8&9 MAR 2021	3	Vital signs: • Temperature 542-545 • Pulse & O2 saturation 549-552, 569 • Respiration 559 • Blood pressure 565 • V.S. documentation Open lab and training on SUN & WED	All	O RD T	p. 05 [Checklist p. 01] p. 23 [Checklist p. 08] p. 30 [Checklist p. 10] p. 33 [Checklist p. 11] Assigned Videos (section 24)
15&16	4	Nasogastric tube therapy:	All	O	p. 570 [Checklist p. 234]

MAR 2021		<ul style="list-style-type: none"> Inserting a large-bore nasogastric tube 1284 Flush /maintain nasogastric tube Performing gastric lavage 1290 Removing nasogastric tube 1287 Open lab and training on SUN & WED		RD T	p. 578 [Checklist p. 237] p. 586 [Checklist p. 240] Assigned Videos (section 24)
22&23 MAR 2021	5	Medication administration: <ul style="list-style-type: none"> Introduction & terminology Medication Documentation Medication preparation Oral medication administration 866 Topical medication administration (topical, transdermal, ophthalmic, otic). 904, 907 Mucous Membrane medication administration (Sublingual, nose, metered-dose inhaled & rectal). Medication Dosage calculation. 	All	O RD V T	p. 157 [Checklist p. 54] p. 227 [Checklist p. 93] p. 231 [Checklist p. 95] p. 236 [Checklist p. 98] p. 239 [Checklist p. 100] p. 244 [Checklist p. 102] p. 248 [Checklist p. 104] p. 257 [Checklist p. 109] p. 260 [Checklist p. 111] p. 266 [Checklist p. 113]
29&30 MAR 2021	6	Parenteral medications administration <ul style="list-style-type: none"> Preparing medication from Ampules & Vials 877, 879, 894 Mixing medications using one syringe 880 Administering medication (I.D., S.C., & I.M.). 882, 885, 891 Open lab and training on SUN & WED			p. 167 [Checklist p. 60] p. 171 [Checklist p. 62] p. 175 [Checklist p. 64] p. 179 [Checklist p. 66] p. 184 [Checklist p. 69] p. 190 [Checklist p. 72]
5&6 APR 2021	7	Intravenous therapy: <ul style="list-style-type: none"> Preparing the venipuncture site. Inserting an Over-the-needle catheter. 899 Initiating Intravenous therapy. Intravenous management 1487 Monitoring fluid balance 1494 Intravenous medication administration 1497 Open lab and training on SUN & WED			p. 203 [Checklist p. 78] p. 207 [Checklist p. 81] p. 214 [Checklist p. 84] Assigned Videos (section 24)
12&13 APR 2021	8	Midterm practical exam (20%)	All	pracitcum exam	
19&20 APR 2021	9	Measures to prevent infection: <ul style="list-style-type: none"> Completing surgical hand antisepsis 702 Donning sterile gloves 706 Pouring from a sterile container Preparing a sterile field Preparing a sterile field using pre-package supplies Preparing for dressing change with individual supplies Open lab and training on SUN & WED	All	O RD T	p. 132 [Checklist p.45] p. 134 [Checklist p.46] p. 137 [Checklist p.48] p. 140 [Checklist p.50] p. 365 [Checklist p.144] p. 372 [Checklist p.147] p.376 [Checklist p.149] Assigned Videos (section 24)
26&27 APR 2021	10	Dressing change: <ul style="list-style-type: none"> Changing a dry sterile dressing.702 Removing sutures. Removing staples. Caring for a wound with a Drain Maintaining Wound Drainage System Irrigating Wounds 942 Teaching wound care to clients Open lab and training on SUN & WED 	All	O RD T	p. 414 [Checklist p.169)] p. 417 [Checklist p. 171] p. 380 [Checklist p.151] p. 405 [Checklist p.164] Assigned Videos (section 24)
3&4 MAY 2021	11	Urinary elimination: <ul style="list-style-type: none"> Inserting a retention catheter (Female) 1326 Inserting a retention catheter (Male) Providing catheter care Removing a retention catheter Bowel elimination: <ul style="list-style-type: none"> Administering a large volume enema. 1362 	All	O RD T	p. 616 [Checklist p.253] p. 625 [Checklist p.256] p. 633 [Checklist p.259] p. 663 [Checklist p. 271] p. 672 [Checklist p.275] Assigned Videos

		<ul style="list-style-type: none"> Open lab and training on SUN & WED 			(section 24)
10&11 MAY 2021	12	Personal hygiene: Bed making & bathing <ul style="list-style-type: none"> Bed making 798-804 Personal hygiene <ul style="list-style-type: none"> Bathing for completely dependent patient 758-762 Oral hygiene 777, 781 Hair care 786, 787 Bed pan, Urinal and commode Perineal & Genital care 764-766 Eye & Ear care Open lab and training on SUN & WED 	All	O RD T	p. 346 [Checklist p.140] p. 351 [Checklist p. 142] p. 316 [Checklist p.137] p. 330 [Checklist p.134] p. 339 [Checklist p. 137] p. 599 [Checklist p.243] p. 604 [Checklist p. 245] Assigned Videos (section 24)
17 & 18 May 2021	13	Body Mechanics and Positioning: <ul style="list-style-type: none"> Proper body mechanics Moving and turning clients 1153, 1155, 1156, 1160, 1162, 1167 Open lab and training on SUN & WED 	All	O RD T	p. 443 [Checklist p. 180] p. 447 [Checklist p.182] p. 450 [Checklist p.184] p. 454 [Checklist p. 186] p. 464 [Checklist p.190] Assigned Videos (section 24)
24 & 25 May 2021	14	Final practicum exam (30%)			
31 May 2021	15	Final written exam (20%)			
		Ongoing practicum re-demonstration evaluation (20%) (refer to section 24) #	All	practicum exam	
		Professionalisms and attendance (10%) #			
2 – 14 June 2021			All	Written exam	

*Evaluation Method keys: **O** = Observation (in clinical setting) | **RD**: Return Demonstration | **T**: Written Test | **V**: Verbal Review. # evaluation rubric at the end of the syllabus

19. Learning Methods and Assignments:

Development of ILOs is promoted through the following <u>teaching and learning methods</u> : (Choose from table below)	
The following approaches that are guided by <i>Adult Learning Theory</i> will be used to achieve course and clinical objectives related to the ILOs:	
The clinical experience will take place in the Faculty of Nursing laboratories.	
1.	Demonstration Use of mannequins and simulators
2.	Supervised practice
3.	Use of Audio Visual Aids
4.	Group Activities

Learning Methodologies:

The following approaches that are guided by *Adult Learning Theory* will be used to achieve course and clinical objectives related to the ILOs:

Instructional Methods	Learning Activities
<ul style="list-style-type: none"> Direct Instruction 	<ul style="list-style-type: none"> Structured orientation lectures Skills and procedures demonstrations
<ul style="list-style-type: none"> Indirect Instruction 	<ul style="list-style-type: none"> Literature searches and reviews
<ul style="list-style-type: none"> Interactive Instruction 	<ul style="list-style-type: none"> Case presentations E-learning using Moodle
<ul style="list-style-type: none"> Experiential Learning 	<ul style="list-style-type: none"> Experiential learning in clinical setting Simulation
<ul style="list-style-type: none"> Independent Study 	<ul style="list-style-type: none"> Self-directed video review

20. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Methods	
	Assigned Points
Midterm Practicum Exam	20%
Professionalism	10%
Ongoing evaluation and re-demonstration	20%
Final Practicum Exam	30%
Final Written Exam	20%

21. Course Policies:**A- Attendance policies:**

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures:

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.

- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
Using any media (including mobiles) during the exam
- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29): <http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

E- Examination Instructions for Students

- Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using **Blue** pen only.
- Use pencil **ONLY** to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

F- Grading policy:

A grade of (D) is the minimum passing grade for the course.

Mark Range	Grade
0-35	F
36-49	D ⁻
50-53	D
54-57	D ⁺
58-61	C ⁻
62-65	C
66-69	C ⁺
70-73	B ⁻
74-77	B
78-81	B ⁺
82-85	A ⁻
86-100	A

22. Required equipment:

Laboratory equipment and simulators

23. References:

A- Required book (s), assigned reading and audio-visuals:

- Lynn, p. (2011). Taylor's clinical nursing skills: A nursing process approach; 3rd ed. Wolters Kluwer, Lippincott Williams & Wilkins. ISBN 978-0-7817-9384.
- Lynn, P. & LeBon, M. (2011). Skills checklists for Taylor's clinical nursing skills: A nursing process Approach. 3rd ed. ISBN: 978-0-7817-9518-0, LWW, USA
- Berman, A. & Snyder, S. (2012). Kozier and Erb's. Fundamentals of nursing: concepts, process, and practice; 9th ed. ISBN-13: 978-0-13-802461-1. ISBN-10: 0-13-802461-8. Pearson

B- Recommended books, materials, and media:

1. Smith, S., Duell, D., & Martin, B. (2014). *Clinical Nursing Skills*. (International Edition, Eighth Edition). UK: Pearson Education Limited.
2. Kozier, B., ..., Abdalrahim, M., Abu-Moghli, F., & Saleh, M. (2012). *Fundamentals of nursing: Concepts, process, and practice*. (Arab World Ed.). UK: Pearson Education Limited.
3. Silvestri, L. (2014). *Saunders Comprehensive Review for the NCLEX-RN® Examination*. (Eighth Edition). USA: Elsevier

C- **Electronic resources:** you tube educational videos (uploaded to students with the syllabus)**24. Additional information:****Nursing skills topics and the assigned educational videos**

Topic/pages (Kozier's ref*)	Taylor's textbook** [Checklist***]	Link for helpful educational YouTube videos
Basic Medical Asepsis		
Medical hand washing 688-690	- Skill 4-1 Performing Hand Hygiene Using Soap and Water (Handwashing) 127	Hand-washing Steps Using the WHO Technique <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=IisgnbMfKvI Hand Hygiene for Healthcare Workers Hand Washing Soap and Water Technique Nursing Skill • https://www.youtube.com/watch?v=G5-Rp-6FMCQ
Donning and removing clean gloves 695-697		How to Don Clean Gloves https://www.youtube.com/watch?v=DzqmgUfEV0M
Standard precautions (Donning clean	- Skill 4-7 Using Personal Protective Equipment 144 [Checklist skill p.52]	Using PPE <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=l0G6-BRI-X4

disposable gloves, gown, mask, & eyewear)		<p>Donning and removing PPE</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=iwvnA_b9Q8Y •
Vital signs		
Temperature [SKILL 29–1 Assessing Body Temperature 542-545]	- Skill 1-1 Assessing Body Temperature p. 5	<p>How to Take a Temperature: Under Arm, Oral, Ear, Rectum, Skin, Temporal (RegisteredNurseRN)</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=nvl1qQfgzuw
Pulse [SKILL 29–2 Assessing a Peripheral Pulse 549-552] O2 saturation [SKILL 29–7 Measuring Oxygen Saturation 569]	- Skill 1-4 Assessing a Peripheral Pulse by Palpation p. 23	<p>9 Pulse Points Assessment on the Body Nursing</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=UBnIYGI3T2k <p>Assessing Radial pulse</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=4n_952-1luI <p>Oxygen saturation</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=GnCl0zf-34w
Respiration SKILL 29–5 Assessing Respirations 559	- Skill 1-6 Assessing Respiration p. 30	<p>Assessing respirations</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=melTje65KYk <p>Respiratory Rate CNA Skill</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=IDFaPKFbIO8
Blood pressure SKILL 29–6 Assessing Blood Pressure 565 V/S documentation	- Skill 1-7 Assessing Brachial Artery Blood Pressure p. 33	<p>Obtaining BP by 1 step method</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=yk01m6ZqC-8 <p>BP by 2 step method</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=UWq-vgWdXG4 <p>blood Pressure Measurement: How to Check Blood Pressure Manually</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=UGOoecSoWS <p>Vital Signs Nursing: Respiratory Rate, Pulse, Blood Pressure, Temperature, Pain, Oxygen</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=gUWJ-6nL5-8
Nasogastric tube therapy		
Inserting a large-bore nasogastric tube 1284 Flush /maintain nasogastric tube	- Skill 11-2 Inserting a Nasogastric (NG) Tube p. 570	<p>Nasogastric (NG) Tube Insertion - OSCE Guide (Geeky medicine)</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=WZvIw0SnYrE
Performing gastric gavage/lavage 1290	- Skill 11-3 Administering a Tube Feeding p. 578	<p>Tube Feeding Nursing Calculations Problems Dilution Enteral (PEG and Nasogastric NG)</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=CwfJ-sQ-xO
Removing nasogastric tube 1287	- Skill 11-4 Removing a Nasogastric Tube p. 586	<p>Nasogastric Tube Insertion and Removal</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=bfyhbrdohU&t=1412s <p>I 203 Removing a feeding tube</p>

		<ul style="list-style-type: none"> • https://www.youtube.com/watch?v=PSLMhAowmrY
Medication administration & preparation		
Oral medication administration 866	- Skill 5-1 Administering Oral Medications p.157	<p>Oral Medication Administration</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=oyIb_WQJU80 • https://www.youtube.com/watch?v=8pKp9dnRX7c
Topical medication administration (topical, transdermal, ophthalmic, otic). 904, 907	<ul style="list-style-type: none"> - Skill 5-15 Applying a Transdermal Patch p. 227 - Skill 5-16 Instilling Eye Drops p. 231 - Skill 5-17 Administering an Eye Irrigation p. 236 - Skill 5-18 Instilling Ear Drops p. 239 - Skill 5-19 Administering an Ear Irrigation p. 244 	<p>Administering topical medications</p> <p>https://www.youtube.com/watch?v=PENoLw94q_8 eye drops administration</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=OPysGXkdDh0 • https://www.youtube.com/watch?v=TLhnsABDtc0 eye irrigation • https://www.youtube.com/watch?v=KjrCiRMW4Zo ear drops • https://www.youtube.com/watch?v=T7hS-HGuBgc
Mucous Membrane medication administration (Sublingual, nose, metered-dose inhaled & rectal).	<ul style="list-style-type: none"> - Skill 5-20 Instilling Nose Drops p. 248 - Skill 5-22 Administering a Rectal Supp. p. 257 - Skill 5-23 Medication via a Metered-Dose Inhaler (MDI) p. 260 - Skill 5-24 Medication via a Small-Volume Nebulizer p. 266 	<p>Inhaled Medication Devices</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=pqvIEGUvIzI <p>rectal suppositories administration</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=1I6FhCaHmDE
Medication Dosage calculation.		<ul style="list-style-type: none"> • https://www.youtube.com/watch?v=hnzZKY8SGbE • https://www.youtube.com/watch?v=F_LfMcRT8aY • https://www.youtube.com/watch?v=rRN3DifaMW0 • https://www.youtube.com/watch?v=TK3ZAaMuhYk
- Preparing medication from Ampules & Vials 877, 879, 894 - Mixing medications using one syringe 880	<p>Skill 5-3 Removing Medication from an Ampule p. 167</p> <p>Skill 5-4 Removing Medication from a Vial p. 171</p> <p>- Skill 5-5 Mixing Medications From Two Vials in One Syringe p. 175</p>	<p>Combining Insulins</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=O_kXOnrYYRA • https://www.youtube.com/watch?v=tY-3O43_014 <p>Withdraw Vial Medication</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=6buCd7-nt_0 • https://www.youtube.com/watch?v=gvHhpPeioes

		<p>Ampule Medication Administration</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=mFKj3_Wk8m8 • https://www.youtube.com/watch?v=OOz4Hbkg2iW
<p>- Administering medication (I.D., S.C., & I.M.). 882, 885, 891</p> <p>Intravenous therapies:</p> <ul style="list-style-type: none"> • Preparing the venipuncture site. 899 • Inserting an Over-the-needle catheter. • Initiating Intravenous therapy. • Intravenous management 1487 • Monitoring fluid balance 1494 <p>Intravenous medication administration 1497</p>	<p>Skill 5-6 Administering an Intradermal Injection 179 [Checklist skill 5-6; p. 66]</p> <p>Skill 5-7 Administering a Subcutaneous Injection 184 [Checklist skill 5-7; p.69]</p> <p>Skill 5-8 Administering an Intramuscular Injection 190 [Checklist skill 5-8; p. 72]</p> <p>Skill 5-10 Administering Medications by Intravenous Bolus or Push Through an Intravenous Infusion 203 [Checklist skill 5-10; p. 78]</p> <p>Skill 5-11 Administering a Piggyback Intermittent Intravenous Infusion of Medication 207 [Checklist skill 5-11; p.81]</p> <p>Skill 5-13 volume control adm set p. 218 (microdropper)</p>	<p>Administration of Medication via IM Injection (college of DuPage)</p> <ul style="list-style-type: none"> • (579) Intramuscular Injection in Deltoid Muscle with Z-Track Technique - YouTube • (579) How to Give an IM Intramuscular Injection Ventrogluteal Buttock Muscle - YouTube • (579) How to Give an IM Intramuscular injection in the Buttocks Dorsogluteal Hip Injection Technique - YouTube • https://www.youtube.com/watch?v=k2gNv8yIzIY • https://www.youtube.com/watch?v=XsoVSDpD_7o <p>Intradermal injection</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=7i6YNqizxwk <p>subcutaneous injection</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=BfP1yZevi1c <p>IV push</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=JH06dWQG8l4
<p>Measures to prevent infection:</p>		
<ul style="list-style-type: none"> • surgical hand washing 702 • Donning sterile gloves 706 • Pouring from a sterile container • Preparing a sterile field • Preparing a sterile field using pre-package supplies • Preparing for 	<p>Skill 4-3 Preparing a Sterile Field Using a Packaged Sterile Drape 132 [Checklist skill 4-3; p.45]</p> <p>Skill 4-4 Preparing a Sterile Field Using a Commercially Prepared Sterile Kit or Tray 134 [Checklist skill 4-4; p.46]</p> <p>Skill 4-5 Adding Sterile Items to a Sterile Field 137 [Checklist skill 4-5; p.48]</p> <p>Skill 4-6 Putting on Sterile Gloves and Removing Soiled Gloves 140 [Checklist skill 4-6; p.50]</p>	<p>Principles of surgical asepsis:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=AmHpnDYzWDs <p>Surgical Hand Scrub; John Hopkins medicine</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=WpZqLbWL0c0 <p>Sterile Gloving</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=uKVB2a0uhvs <p>Don Sterile Gloves (RegisteredNurseRN)</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=NNORa08HRjU

<p>dressing change with individual supplies</p>		<p>Using sterile field</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=hyZKoRlzVF_A <p>Pouring sterile solution</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=HrVrD06AWUk <p>Establishing a Sterile Field</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=0gof3Qw9n0o
Care of Dressing		
<p>Changing a dry sterile dressing. 702</p>	<p>Skill 8-1 Cleaning a Wound and Applying a Dry, Sterile Dressing 365 [Checklist skill 8-1; p.144] Skill 8-2 Applying a Saline-Moistened Dressing 372 [Checklist skill 8-2; p.147] Skill 8-3 Applying a Hydrocolloid Dressing 376 [Checklist skill 8-3;p.149]</p>	<p>Sterile dressing:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=9vYZ-N72kjk <p>Changing a dressing:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=RtpRuXnIfX_Q • https://www.youtube.com/watch?v=RtpRuXnIfX_Q&t=49s <p>types of dressings</p> <ul style="list-style-type: none"> • https://woundeducators.com/resources/wound-dressings/ <p>bandaging techniques</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=Nzc1YSnSRpE • https://www.youtube.com/watch?v=p1gAv1kEZdM
<p>Removing sutures.</p>	<p>Skill 8-12 Removing Sutures 414 ([Checklist skill 8-2; p.169)</p>	<ul style="list-style-type: none"> • https://www.youtube.com/watch?v=W2cwr16zS2w
<p>Removing staples.</p>	<p>Skill 8-13 Removing Surgical Staples 417 [Checklist skill 8-13; p.171]</p>	<ul style="list-style-type: none"> • https://www.youtube.com/watch?v=tCLZrBRxVEU
<p>Caring for a wound with a Drain Maintaining Wound Drainage System 942 Irrigating Wounds Caring for pressure ulcers</p>	<p>Skill 8-4 Performing Irrigation of a Wound 380 [Checklist skill 8-4; p.151] Skill 8-10 Caring for a Hemovac Drain 405 [Checklist skill 8-10; p.164]</p>	<p>Irrigating a wound:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=6kU_miFjids7 • https://www.youtube.com/watch?v=6kU_miFjids&t=41s <p>Pressure ulcers:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=UZ1KmqEXvGU <p>Caring for pressure ulcers:</p> <ul style="list-style-type: none"> • https://www.youtube.com/watch?v=UZ1KmqEXvGU&t=58s
Nasogastric tube therapy		
<p>Inserting a large-bore nasogastric tube 1284</p>	<p>Skill 11-2 Inserting a Nasogastric (NG) Tube 570 ([Checklist skill 11-2; p.234)</p>	<ul style="list-style-type: none"> • https://www.youtube.com/watch?v=_bfyhbrdohU • https://www.youtube.com/watch?v=dj45W_LZbyE&

		<p>t=306s</p> <p>nasogastric tube insertion, irrigation, removal:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=vVEYfRmrCvQ
Flush /maintain nasogastric tube /feeding (gavage) 1290	Skill 11-3 Administering a Tube Feeding 578 ([Checklist skill 11-3; p.237)	<ul style="list-style-type: none"> https://www.youtube.com/watch?v=Mu93I7bErUc https://www.youtube.com/watch?v=dj45W_LZbyE&t=318s
Performing gastric lavage		<ul style="list-style-type: none"> https://www.youtube.com/watch?v=PSLMhAowmrY <p>colostomy irrigation:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=2ZvWaLst-E8
Removing nasogastric tube 1287	Skill 11-4 Removing a Nasogastric Tube 586 ([Checklist skill 11-4;p.240)	<ul style="list-style-type: none"> https://www.youtube.com/watch?v=PSLMhAowmrY&t=1s https://www.youtube.com/watch?v=PSLMhAowmrY&list=PL25wK1u3YO3FyGFqn2Of8hOgejdr6wBEw
Eliminations		
Urinary elimination		
Inserting a retention catheter (Female) / (Male) 1326	Skill 12-6 Catheterizing the Female Urinary Bladder 616 [Checklist skill 12-6; p.253] Skill 12-7 Catheterizing the Male Urinary Bladder 625 [Checklist skill p.256)	<ul style="list-style-type: none"> (672) How to Prepare a Foley Catheter Kit Set-up a Foley for Insertion - YouTube (672) Foley Catheter Insertion Female How to Insert a Foley Catheter Sterile Technique - YouTube https://www.youtube.com/watch?v=mJ-Rb3xxVvg https://www.youtube.com/watch?v=f_C3NMvdFE8&has_verified=1 (672) Procedure - Foley Bladder Catheterization FEMALE v2019 [ASE] - YouTube (672) Procedure - Foley Bladder Catheterization MALE v2019 [ASE] - YouTube
Providing catheter care		<ul style="list-style-type: none"> https://www.youtube.com/watch?v=XzQTDUEpx0w
Removing a retention catheter	Skill 12-8 Removing an Indwelling Catheter 633 ([Checklist skill p.259)	<ul style="list-style-type: none"> https://www.youtube.com/watch?v=EEcMVPUZsoQ
Bowel elimination:		
Administering a large volume enema. 1362	Skill 13-1 Administering a Large-Volume Cleansing Enema 663 [Checklist skill p. 271) Skill 13-3 Administering a Retention Enema 672 [Checklist skill p.275]	<p>Administering a cleansing enema:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=KPsOsMQ8IQc <p>Pouching a colostomy:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=yIViB6MBdN4
Bathing, Bed making,		
Bed making 798, 802	Skill 7-8 Making an Unoccupied Bed 346 [Checklist skill p.140] Skill 7-9 Making an Occupied Bed 351 [Checklist skill p. 142]	<p>Occupied bed:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=cx5G1VdC9UA <p>Unoccupied bed:</p>

		<ul style="list-style-type: none"> https://www.youtube.com/watch?v=WEB_vNsTcX8
Bed Bath 758-762	Skill 7-1 Giving a Bed Bath 316 [Checklist skill p.137]	<ul style="list-style-type: none"> https://www.youtube.com/watch?v=kC8vqZuq-L4
Personal hygiene		
Oral hygiene 781	Skill 7-3 Providing Oral Care for the Dependent Patient 330 [Checklist skill p.134]	<p>For Conscious patient:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=eIqBFOX5YTo <p>for Unconscious patient:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=49jF6RZy3GE https://www.youtube.com/watch?v=ORhf9GdIq6A
Hair shampooing 787	Skill 7-6 Shampooing a Patient's Hair in Bed 339 [Checklist skill p. 137]	<p>hair care:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=CIWzIL8OMbY
Bed pan, Urinal and commode	Skill 12-1 Assisting with the Use of a Bedpan 599 [Checklist skill p.243] Skill 12-2 Assisting With the Use of a Urinal 604 [Checklist skill p. 245)	<p>Assisting with bedpan:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=TUdMkgvsqt4 <p>assisting with a urinal:</p>
Perineal & Genital care 764-766		<ul style="list-style-type: none"> https://www.youtube.com/watch?v=gwvVvj4i6zk&has_verified=1
Eye & Ear care		<ul style="list-style-type: none"> https://www.youtube.com/watch?v=wm-34PWRvIQ
Body Mechanics and Positioning		
Moving and turning clients 1153 , Transfer from bed to chair 1155 Transfer from bed to stretcher, 1156 , 1160 Range of motion (ROM) exercise 1162 , 1167	Skill 9-1 Assisting a Patient with Turning in Bed 443 [Checklist skill p. 180] Skill 9-2 Moving a Patient Up in Bed with the Assistance of Another Nurse 447 [Checklist skill p.182] Skill 9-3 Transferring a Patient from the Bed to a Stretcher 450 [Checklist skill p.184] Skill 9-4 Transferring a Patient from the Bed to a Chair 454 [Checklist skill p. 186] Skill 9-6 Providing Range-of-Motion Exercises 464 [Checklist skill p.190]	<p>Assisting with moving and positioning a patient:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=5SJxq-D6-Bk https://www.youtube.com/watch?v=5SJxq-D6-Bk&t=4s Transfer from bed to wheelchair: https://www.youtube.com/watch?v=1HWdMttzGPE <p>Transfer from bed to stretcher:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=G1EOqEUyDEk <p>range of motion</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=ouOtMnigomI <p>Using a hydraulic lift:</p> <ul style="list-style-type: none"> https://www.youtube.com/watch?v=aeE7KYy2-RQ

Ongoing evaluation and re-demonstration:**clinical skills checklist (20%)**

The list below incorporates nursing skills and interventions. Instructor should complete this evaluation on a weekly basis by placing an "x" under the level that most accurately reflects your competency.

Key:

Level 1: confident – has experience with ability, requires little or no supervision

Level 2: need assistance – has some experience with skill, requires moderate supervision

Level 3: no experience with skills, requires close supervision

Student Name _____

Identified skill	Level 1 Confident (score 4-5)	Level 2 Needs Assistance (score 2-3)	Level 3 No to little Experience (score 0-1)	Comments (# of times)
Handwashing; medical				
Donning and removing clean gloves				
PPE				
Blood pressure				
Pulse rate, radial pulse				
Respirations				
Temperature (oral, temporal,digital ear)				
Bathing complete				
Mouth care				
Bedmaking occupied				
Bedmaking unoccupied				
Transfer bed to wheelchair				
Transfer bed to chair				
Transfer bed to stretcher				
Repositioning				
Assisting movement up in bed				
Enteral feeding: NGT				
Insertion and placement of NGT				
Removing of NGT				
Tap water enema				
Assist with bedpan				
Assist with urinal				
Urinary catheter insertion				
Urinary catheter removal				
Preparing sterile field				
Pressure ulcer care				
Dry sterile dressing				
Wound irrigation				
Hydrocolloid dressings				
Drain site care (hemovac)				
Oral meds administration				
Eye drops				
Nose drops/sprays				

Metered dose inhalers				
Rectal suppositories				
Intradermal injections				
Subcutaneous injections				
Intramuscular injections				
Reconstituting med				
Mixing two meds in a syringe				
Intravenous push				
Setting up new iv, priming tubing,				
Flushing intermittent infusion				
Surgical handwashing				
Sterile gloves				
Sterile field and dressing				
Communication with instructor				
Communication with other				

Professionalisms evaluation rubric (10%)

	Excellent 10 pts	Satisfactory 8 pts	Fair 5 pts	Unsatisfactory 1 pts
Promptness	Excellent Always arrives in plenty of time to get settled and turn in assignments before class starts.	Satisfactory Mostly arrives in plenty of time to get settled and turn in assignments. Is late no more than 2 times. Does not leave early.	Fair Sometimes arrives at the last minute/or leaves early, but is generally not disruptive.	Unsatisfactory Often arrives late or leaves early, causing a disruption.
Preparation	Excellent Always has necessary materials and is ready for tests and quizzes.	Satisfactory Mostly has necessary materials and is ready for tests and quizzes.	Fair Sometimes arrives without necessary materials. Sometimes unprepared for quizzes and/or tests.	Unsatisfactory Often arrives without necessary materials. Generally unprepared for quizzes and/or tests.
Attitude	Excellent Always cooperative and respectful of others. Demonstrates an overall sense of awareness of what's appropriate.	Satisfactory Most of the time cooperative and respectful. Usually demonstrates overall sense of awareness of what's appropriate.	Fair Sometimes disruptive, disrespectful, or uncooperative. Sometimes appears unaware of negative impact on others.	Unsatisfactory Often disruptive, disrespectful, or uncooperative. Appears unaware of negative impact on others.
Participation	Excellent Contributes often and appropriately to class discussion. Often asks relevant questions. Always makes best use of hands-on time and engages well with others.	Satisfactory Sometimes contributes to class discussion and asks relevant questions. Usually makes best use of hands-on time and engages with others.	Fair Rarely contributes to discussion or asks questions. Reluctant to engage with others. Occasionally stops work before class is over.	Unsatisfactory Does not contribute to discussion or ask questions. Must be prodded to participate in group assignments. Usually disengages early.

Homework/P rojects	Excellent	Satisfactory	Fair	Unsatisfactory
	Assignments always on time, orderly, complete, neatly presented with attention to detail.	Most assignments on time, orderly, complete, neatly presented with attention to detail.	Assignments sometimes late, not well presented, incomplete, or lacking in detail.	Assignments often messy, disorganized, incomplete, late, or not done at all.

Name of Course Coordinator: **Dr. Rasha Dabbour** Signature:-----Date: Feb 14, 2021

Head of curriculum committee/Department: ----- Signature: -----

Head of Department: ----- Signature: -----

Head of curriculum committee/Faculty: ----- Signature: -----

Dean: ----- -Signature: -----

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